



Sermon Discussion Guide¹

Psalm 90 | Derek Wells

“Gaining an Eternal Perspective on Life” Sunday Morning, January 14th, 2024

1. In what areas of life has your perspective “matured” over the years? How is your thinking about work, marriage, money, time, family, church, faith different today than it was when you were a young adult?
2. **dwelling:** In verse 1, Moses remembers that God is their *dwelling place*. Derek used descriptors like refuge, safety, rest, rooted and identity. What does “dwelling place” mean to you? What is the significance of God being our dwelling place?
3. **big problem:** How would you sum up the “big problem” described by Moses in verses 3-10?
4. **mortality:** For what purpose does Moses confront us with the reality of our mortality? Why must he remind us of our bodies failing, time escaping, and the brevity of our lives?
5. **prayer:** What can we learn about God, about ourselves and about *prayer* as we hear Moses confessing to God the problem of the people’s failure and ensuing frailty?
6. **sobriety to satisfaction:** What words and phrases in verses 14-17 describe the “trajectory of wisdom” from sobriety to satisfaction? How do they speak to you in your current season?
7. **Christ:** Derek concluded that the only way for our eternal horizon to become clear is to commit to/depend on Christ. What does that mean for you *practically*? What part does Christian community play in this? How are we to help one another toward that end?
8. **2024:** How might your perspective of suffering and sadness, hardship, discouragement, and trials mature in 2024? How do you hope to grow as you are “emptied by life’s providences, full of God’s grace?”²

General Outline:

- Big Answer (v. 1-2)
- Big Problem (v. 3-10)
- Big Picture (v. 11-17)

¹ SDGs are put together by Small Groups Ministry to aid group discussion. They are available every week on the [small groups page](#) of the church website. Please send questions or feedback to calebjohnson@christcovenant.org.

² Sinclair Ferguson